

## General Information

Wharfedale School of Martial Arts is hosting a Taekwon-do Open Competition on Saturday 8<sup>th</sup> February 2020 at Ilkley Grammar School, Sports Hall, Cowpasture Road. Ilkley. West Yorkshire. LS29 8TR

The Wharfedale School of Martial Arts Open Competition is a Junior, Youth, 18+ and Veterans tournament which has successfully run for the past 3 years. Open to students from other Taekwon-do associations, providing they are correctly licenced and have their instructor's permission to enter and follow our rules.

Competitors can compete in ITF patterns, Sparring & Team patterns.

Head Organiser & contact for all entries: Miss Emelia May

Email: [emeliamaywsma@gmail.com](mailto:emeliamaywsma@gmail.com)

Mobile: 07791328853

**Closing Date: 02/02/20**

## Competition Intention

To provide a learning platform for ALL grades and an opportunity for Black belts to gain experience in officiating under the guidance of experienced black belts, where different clubs/associations come together and everyone supports each other and the learning process to create a professional yet friendly & fun competition environment.

The competition experience is really you against you. Learning to manage the inner world; prepared to have the experience, grow in confidence and acknowledge your true potential.

Perhaps gain some medals too 🙌😊

Remember the officials are there to support, guide, keep you safe and assist you in having a positive competition experience. Whatever your age!

Officials have giving up their time to assist wherever possible and within their capacity. Without them the competition would not be possible. The centre referees and their team work incredible hard throughout the day, so water and a light lunch will be provided for all officials.

There will be a tuck shop for competitors and spectators to purchase drinks and snacks.

## Medical Attention

There will be a first aid station.

Doctor Kate Simpson will be the lead First Aider

Other qualified First Aiders are:

Miss Emelia May

Mr Neil Capper

All instructors present are first aid trained as well as some officials.

## Officials Dress Code

### **Umpires and referees**

Blue/black trousers

White Shirt & Tie

White sport shoes

Other officials may wear a white blouse or polo shirt. Wharfedale school of martial arts officials may wear their t-shirt and smart pants.

## Competitors

White Doboks where possible please.

## Programme

Setting up	08.30
Officials Meeting	08.45
Doors Open	09.00
Start of Competition	09.15
End of Competition	16.00

## Categories/Events

Individual Patterns (white - black stripe)

Team Patterns (consisting of 3-5 members)

Point stop sparring (white - black stripe)

Continuous sparring (blue belts - black stripe)

All Black Belt categories

## Order of Events

### **COLOUR BELTS**

#### **Patterns**

Junior colour belt patterns (white-black stripe)

Adults colour belt patterns (white-black stripe)

#### **Team patterns**

ALL

#### **Point Stop Sparring**

Junior point stop sparring (white-black stripe)

Adult point stop sparring (white-black stripe)

#### **Continuous Sparring**

Junior continuous sparring (blue-black stripe)

Adult continuous sparring (blue-black stripe)

### **BLACK BELTS**

#### **Black Belts Patterns**

Junior black belts patterns

Adult black belt patterns

#### **Black Belt Point Stop Sparring**

Junior black belt point stop sparring

Adult black belt point stop sparring

#### **Black Belt Continuous**

Junior black belt continuous sparring

Adult black belts continuous sparring

## Entrance Fee

To enter 1 category/event	£15
To enter 2 or more categories/events	£20
Spectators over 12 years	£5

## Individual Patterns

There will be separate classes for juniors & adults. Separate classes for male & female will depend upon the number of competitors.

Black Belt & Colour Belt competitors can choose to perform either the pattern of their current belt or the pattern they did to get the belt.

Knock out system will be used. This means 2 competitors will be called up at the same time and perform their pattern. At the end of the judges will 'show' the winner, who will proceed to the next round.

Judges will look at pattern accuracy, technique, power, and attitude. If a competitor forgets their pattern, they are to stop and return to their mark in ready stance until the other competitor finishes. Once the rounds are complete 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place will be allocated, and medals given.

All judges' decisions are final and may not be contested by competitor, instructor or spectator.

Inappropriate behaviour may result in disqualification from the division and as well as all other category's if deemed fit.

Please Note

\*If there is only 1 competitor in a category, then classes will be put together.

\*Where there are 4 in a category, there will be 2 third places.

## Team Patterns

Each team will consist of 3-5 members and perform a chosen pattern. Teams can be of mixed grades and perform the pattern relevant to the belt of the lowest grade in their team. As for individual patterns 2 teams will perform alongside each other. Working with the knock out system, the judges show.

Judges will look at pattern accuracy, technique, power, and attitude, as well as creativity i.e. formation the pattern is performed in and timed sequenced moves.

## Sparring

### Safety Equipment & Protective Wear

No jewellery, watches or other adornments to be worn. Wedding rings and earrings that are unable to be removed must be taped. Hair may be kept in place using soft elastic material. No Grips, slides or hair accessories are allowed.

Any competitors with injuries that are strapped or bandaged must explain to the tournament doctor or first aid personnel of the need and obtain approval of the type (no pins or hard material) before competing.

All competitors that are sparring must wear:

- Foot guards
- Shin protectors
- Closed finger gloves (NO weighted/boxing gloves allowed & NO taping of hands are allowed)
- Head guards
- Groin guards for male competitors
- Mouth guards
- Women's breast protectors and groin guards are optional.

Sparring equipment must in good condition, complying with regulations and standards thus ensuring they provide enough protection for both acting competitors.

If the competitor is unable to use the correct safety equipment they will not be allowed to compete.

If glasses need to be worn, they must be of the approved 'Safety type'.

If there is an issue with safety equipment, the Chief Umpire's decision is final.

**Spectators/parents must stay away from the square.** There will be designated areas for spectators to sit.

### Sparring - points

Points are scored as follows:

1 point for a mid or high section hand technique.

2 points for a mid-section leg technique.

3 points for a high section leg technique.

### Scoring Procedure

A technique is valid and will score if it is

- Correctly executed
- Sited
- Delivered with control and precision

## Sparring – Point Stop

1 ½ minute round for juniors & adults.

At the end of the round the competitor with the most points wins.

In the event of a draw there will 30 seconds extra time.

After that it goes to golden point.

Time will run continuously unless the centre ref stops time i.e. injury time, equipment failure.

- 3 judges – centre, shadow and corner ref's
- 2 referees must agree to score the points; however, the centre ref has the final say and can override this.
- NO points are deducted for loss of balance or travelling (unless happening repeatedly and the referee decides the competitor is doing it deliberately to avoid fighting).

## Sparring – Continuous

1 ½ minute round for juniors & adults.

The centre ref says 'show', the judges will then hold up the clicker with the highest score and the competitor with the majority wins.

In the event of a draw there will 30 seconds extra time.

If still a draw it goes to golden point.

## **Disqualification**

- Misconduct against officials either by word or action
- Anti-social behaviour
- If the official decides it is fit and in the best interest/safety of the competitor and/or officials/spectators

## **Major fouls**

These will result in a point being deducted or disqualification if seen appropriate

- Loss of temper
- Insulting an opponent
- Foul play (sweeping, holding)
- Using the knee, elbow or forehead.
- Attacking an opponent whilst down.
- Excessive contact
- Arguing
- Attempting to deceive the officials (pretending to score or feigning an injury)

## **Warnings**

- Hitting below the belt or back.
- Punching purposefully and directly into the face.
- If both feet leave the ring.
- Loss of balance (any part of the body touching the floor other than the feet).
- Holding/Grabbing/Pushing
- Intentionally avoiding Sparring.
- Turning/looking away from the opponent.

Competitors will be given 3 warnings and the 1 point will be deducted. These will be totalled at the end on the round and the points lost will be added to the other competitors score.

In every case the centre referee's decision is incontestable and final. There is a zero-tolerance policy towards un sportsman like behaviour/abuse shown.

Strict SEMI-CONTACT rules apply:

Sparring should be controlled and accurate, with good technique.

NO low kicks, or intentional punches to the face.

The back of the body is NOT a target.

Techniques are not thrown with an intent to hurt or with malice.

The Centre referee may call the judges together forward to discuss matters concerning disqualifications and major fouls.

Please note

\*If there is only 1 competitor in a category, then classes will be put together.

\*Where there are 4 in a category, there will be 2 third places.

## Photographs and Videos

The event organiser understands the importance of ensuring the welfare and safety of all students taking part in classes/events/activities.

We are making you aware that photographs, videos or other images of students will be taken. As you and/or your child will be taking part in Wharfedale School of Martial Arts events/activities we are asking that you inform the event organiser if this is an area of concern.

Images may be

- \* Used in; websites, leaflets, magazines, and/or publicity material
- \* Appear as illustrations of the activities or events in published articles
- \* Kept as a record of the class/event/activity

## To Conclude

All rules will be strictly observed; however, life is not black and white. In the interest of fairness and with the tenets in mind, please be aware that they are subject to change if circumstance deems necessary.

Every attempt will be made to keep correct weight and grades; however, some divisions may be mixed depending on the number of entries at the discretion of the chief umpire. The intention is always to keep divisions as fair as possible for all competitors. The more entries, the fairer the competition.

Wishing everyone a Good competition experience, where students increase skill acquisition in a competition environment. A 'Win or Learn' mind set goes a long way for a fun and fair competition.